

Baby Explorers

For parents and babies aged 0 - 11 months
Come to our weekly sessions and find out about play, child development, first aid and lots more. A group to make friends and share experiences. Limited spaces in centres, with the option to join the sessions online.
Ulverston Children's Centre, Lund Terrace LA12 9BE
Starts 7th September 1:30 - 3:30pm for 4 weeks
Kendal West Children's Centre, Kendal Green LA9 5PP
Starts 16th September 10:00 - 11:30am for 4 weeks

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Safe and happy childhood

Action for Children protects and supports children and young people, providing practical and emotional care and support, ensuring their voices are heard, and campaigning to bring lasting improvements to their lives.



For All



What's on Autumn
2021

WORKING IN
PARTNERSHIP
WITH



Rhyme time

For parents and children aged 1 - 4 years
Come and sing songs, hear stories, do craft activities and develop communication skills. An opportunity to make friends and enjoy time together with your child. Coming to a library near you.
Ulverston Library
Starts 21st September 10:30 - 12:00pm for 4 weeks
To book contact: joan.hanson@actionforchildren.org.uk
Mobile: 07725782198

Limited spaces!

New Beginnings

For parents to be
Online antenatal weekly drop in (MS Teams) to make friends, share information and support each other. Topical discussions led by a trained practitioner.
Baby Beginnings
Once baby arrives, come and meet other new parents. Weekly drop in sessions held in Kendal and Ulverston.



Other events

Let's Connect - for parents of children with additional needs or on a pathway to a possible diagnosis
Online drop in 1st and 3rd Tuesday of each month 1:30 - 2:30pm

Information session for parents - Online Safety
22nd September and 1st December 7:00 - 8:00pm
Information session for parents - Heartstart / First Aid (in partnership with Cumbria Fire and Rescue Service)
7th October 10:00 - 11:00am
16th November 7:00 - 8:00p