



Nobody has to deal with abuse on their own.

Criminal exploitation is when people or gangs target children or young people and force them to carry out bad things.

You may be asked to deal drugs, steal, commit violent or sexual acts.

It's not your fault and you must ask for help.



What to do

- Ask an adult you trust for help, like a family member, youth worker or teacher.
- Call Childline free on **0800 1111**. It's confidential and you can get in touch at any time. Calls are free, even from mobile phones.
- Contact the police by dialling **101** to report something that already happened. If it's an emergency or someone is injured or being threatened, you can call **999** for urgent help. The police are there to protect people and help stop crime.

NSPCC

