

SEXTORTION: HOW TO PROTECT YOURSELF



WHAT IS A SEXTORTION?

The word sextortion is most often used to describe online blackmail, where someone will threaten to release sexual/indecent images of you, unless you pay money or do something else to benefit them.

SIGNS OF SEXTORTION ATTEMPTS:

- **They're moving too fast.** They will try and develop a relationship with you very quickly. They may tell you they like you very early on and ask you for sexual / indecent images. They may send you sexual / indecent images first.
- **Pressure you to do things you're not comfortable with.** They might ask you to do sexual things you're not comfortable with. You're allowed to say no. It is not okay for you to feel pressured into something you're not comfortable with.
- **They might tell you they've hacked you.** They might tell you that they have images or information about you, from your device. (This could be your phone or tablet).
- **They might threaten to share this information unless you give them money.**

WHAT TO DO IF YOU'RE A VICTIM OF SEXTORTION?

- **Do not panic.** You are a victim.
- **Do not pay.**
- **Do not communicate further with the offender.** Obtain screenshots of any communications.
- **Talk to an adult you trust.**
- **Report the incident to the police.** By calling 101. Or Scan the QR code below and you can report the incident online.

Scan this QR code for
more advice and guidance.

