



Cumbria's Holiday Activity and Food Programme - Eden

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit cumbria.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

54 Degrees Sport (Beaconside Primary School)

Description: Sports, games, wellbeing workshops and a meal

Times: 845am-315pm

Age range: 5-13

Dates: 21st-23rd Dec

Booking information: Text 07717 378879 or email ricarmstrong@hotmail.com

Annie Mawson's Sunbeams Music Trust (Penrith)

Description: Music and sensory sessions and a meal for SEN children

Times: 11am-3pm

Age range: 5-18

Dates: 17th, 21st & 22nd Dec

Booking information: Call Liesl 01768 892909 or email liesl@sunbeamsmusic.org

Activities on the next page

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book holiday activities now! Or use the booking information provided.
- The HAF email for enquiries: HAF@Cumbria.gov.uk

Euphoric Circus (Appleby Sports Centre)

Description: Circus activities and a meal

Times: 10am-2pm

Age range: 5-16

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Visit: www.endorphins.uk/events-page



Department
for Education

Available in Eden

Euphoric Circus (Remote Offer)

Description: Food hampers and online fitness tutorials

Times: N/A

Age range: 6-16

Dates: 31st Dec

Booking information: 01768362954 / 07709428361 Email- euphoriccircusyt@gmail.com

Euphoric Circus (Ullswater College)

Description: Circus activities and a meal

Times: 1pm-5pm

Age range: 6-16

Dates: 21st-23rd Dec

Booking information: 01768362954 / 07709428361 Email- euphoriccircusyt@gmail.com

Euphoric Circus (Remote Offer)

Description: Food hampers and online fitness tutorials

Times: N/A

Age range: 6-16

Dates: 24th Dec

Booking information: 01768 362954 / 07709428361 Email- euphoriccircusyt@gmail.com

Oaklea Trust (The Appleby Hub)

Description: Crafts, cooking, play and a meal for SEN children

Times: 10am-2pm

Age range: 5-15

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Email jane.farkins@right2work.org.uk

The Salvation Army (Remote Offer)

Description: Food hampers and activity packs

Times: N/A

Age range: 5-16

Dates: Throughout the Christmas holidays

Booking information: Call 01768 866732 or Email carole.donaldson@salvationarmy.org.uk

Penrith Methodist Church

Description: 24th - Lunch and Nativity (fancy dress encouraged) 28th - Craft, games and a festive meal.

Times: 1pm-4pm (24th) & 11am-3pm (28th)

Age range: 5-12

Dates: 24th & 28th Dec

Booking information: Call 01768 862787 or email admin@penrithmethodistchurch.co.uk

