



Cumbria's Holiday Activity and Food Programme - Barrow

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit cumbria.gov.uk/holidays for full details."

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book winter holiday activities now!

Available in Barrow

Wellness Greenacres

Description: Come on a nature trail and take part in our den making and arts and crafts sessions!

Age range: 5-11 years

Dates: 4 April and 5 April

Parkside Academy

Description: A multi-sport and wellbeing holiday camp promoting physical and emotional wellbeing.

Age range: 5-11 years

Dates: 4 April to 8 April

Bram Longstaff Nursery

Description: A range of activities including sports, cooking, baking, arts and crafts, model making, music workshops and trips.

Age range: 5-11 years

Dates: 4 April to 7 April



Department
for Education

Available in Barrow

Family Action Barrow

Description: Team activities and daily swimming sessions!

Age range: 5-11 years

Dates: 11 April to 14 April

RV Projects

Description: Try out djing! Learn how to cue tracks, Eqing, Beatmatching and much more!

Age range: 5-11 and 11-16

Dates: 4 April to 8 April

Drop Zone

Description: Easter Extravaganza in Barrow Park! Includes activities such as egg rolling, an easter egg hunt and other fun activities!

Age range: 5-11

Dates: 12 April, 17 April and 18 April

Cowran Training Limited

Description: Take part in animal care (ferret training!), planting and growing vegetables, looking after small animals, working with sheep and lambs and outdoor cooking and bushcraft.

Age range: 8-16 years

Dates: 4 April to 7 April

Endorphins

Description: A wide range of fun filled activities including circus skills, move and groove, arts and crafts, scavenger hunts, sport and dance.

Age range: 8-12 years

Dates: 5 April, 6 April, 12 April and 13 April

Advantage Barrow Raiders

Description: Take part in fun and inclusive warm up games, multi sports, quizzes, scavenger hunts, musical challenges and crafts!

Age range: 5-16 years

Dates: 5 April to 8 April

Cumbria Fire & Rescue Service

Description: A 4 day young firefighter course. A chance to try out being a firefighter!

Age range: 13-16 years but will accept C&YP aged 12 if they are in a year 8 school group.

Dates: 4 April to 7 April

FESP / Barrow AFC

Description: A fun and inclusive programme including a range of physical activities, cookery, arts and crafts, team building and STEM challenges.

Age range: 8-11 Years

Dates: 4 April to 7 April

Love Barrow Families

Description: Take part in wood craft activities, woodland outdoor games, an Easter egg hunt, team games and much more! (On different dates). See website for more details.

Age range: 5-16 years (accompanied by parents)

Dates: 4 April, 6 April, 11 April and 13 April

Walney Community Trust

Description: Join in with a range of activities ranging from team sports, exercise activities, dancing, mini olympics, arts and craft and inflatables.

Age range: 5-16 years

Dates: 4 April to 7 April

