



Dear Parent/Carer,

Inspira is contracted by Cumbria County Council to monitor the progress of young people between the ages of 16-19 to ensure that they are in education, employment or training. I understand you currently have a young person who is due to leave year 11 this academic year and, as a result, we may look to make a courtesy call to you or your child in the near future. It is important that we keep in touch with young people so that if applicable we can offer them a range of information and advice on several different opportunities that may be available.



Inspira also offers the **National Citizen Service (NCS)** to young people in year 11 during the summer months which helps young people to maintain engagement, build their confidence and gain new skills, whilst having fun and giving back to their community. NCS is an excellent future springboard which employers, universities and apprenticeship providers across the country look for on their CVs. This is a government-backed scheme and the small payment covers all activities, food, transport and residential costs. Bursaries are available, on a case by case basis, and support is provided for young people with additional needs. There is current price of NCS is £35 down from £50. For further information see www.ncsyoes.co.uk or call us on 01229 824052.



We also provide FREE careers guidance to adults. We can support all adults 19+ regardless of their situation with a **FREE National Careers Service Appointment** to develop a Skills Action Plan and help get your career back on track. This is a universal service and may be suitable for adults who are perhaps in employment, considering a career change, those at risk of redundancy or unemployed / inactive in the workplace. We have a high success rate of people progressing into jobs and learning as a result of accessing this service with excellent feedback received by clients.

If you would like to make an appointment to speak with an Adviser or need any further information, please contact us on 01229 824052.

Yours faithfully,

Mia Postlethwaite